

The KINnections Program at MSPCC provides a comprehensive menu of supports for grandparent and kinship families designed to strengthen and support families. The Program connects families to a variety of resources, information and activities in their community with a focus on self-care, family well-being, independence and positive youth development. KINnections offers the following support services:

- <u>Support Groups/Caregiver Education Programs</u>- provides opportunities to meet with others, exchange ideas, trade stories, share wisdom and learn new ways to strengthen their family in a caring, supportive and confidential environment.
- <u>Trainings and Workshops</u>- partnerships with skilled trainers and facilitators to provide information on a variety of topical information relevant to families including child development, educational advocacy, positive parenting strategies, health care eligibility, housing services, mental health, legal issues, self-care and family wellbeing.
- <u>Information/Access Assistance</u>- a range of information and resources that address family concerns in a timely and respectful manner. KINnections provides informational resources that promote greater self-sufficiency for the families. These can include numerous resources in the area of housing, rental subsidies, furniture banks, transportation, and safety, legal services to include guardianship, custody status, and subsidies.
- <u>**Respite Care Supports</u>** KINnections provides respite care for the grandparents and kinship families. Services provided include stipends for camperships and therapeutic afterschool programs. Respite care provides a well-deserved breather and promotes well-being for all members of the family.</u>
- **Family Focused Activities**-opportunities to participate in various events in the community that are fun, enriching and family centered.
- <u>Signature Events</u>-KINnections host a variety of Annual Events including: The Grandparents Day Celebration in September, the Mother's Day Luncheon and Educational Forum, and The Giving Thanks Luncheon. These events provide members the opportunity to gather and celebrate their extraordinary families.